

JANUARY 2019 MENUS

Alternate Entrée offered daily:
Cold Sandwich or Chef Salad

January 1-4	
Tuesday	NO SCHOOL - CHRISTMAS BREAK
Wednesday	NO SCHOOL - CHRISTMAS BREAK
Thursday	WG Pancakes, Sausage OR WG Cereal/WG Pancake, Fruit/Juice, Milk Pizza, Corn, Applesauce
Friday	Toaster Pastry OR WG Cereal/WG Muffin, Fruit/Juice, Milk Hamburger on WG Bun, FF and/or Swt. FF, Peas, Peaches
January 7-11	
Monday	Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Chicken Nuggets, Mashed Potatoes w/ Gravy, Mixed Vegetables, Strawberries
Tuesday	Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk Italian Dunkers, Green Beans, Pineapple
Wednesday	Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk BBQ Pork Sandwich, Tator Gems and/or Swt. Tator Gems, Broccoli Salad, Pears
Thursday	Bagel Bites, Granola Bar OR WG Cereal/Granola Bar, Fruit/Juice, Milk Chicken Quesadilla, Spanish Rice, Corn, Peaches
Friday	WG Oatmeal, WG Breakfast Cookie OR WG Cereal/WG Breakfast Cookie, Fruit/Juice, Milk Mini Corn Dogs, Baked Beans, Mandarin Oranges
January 14-18	
Monday	Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk Hot Sub Sandwich, Munchies, Green Beans
Tuesday	Sausage Gravy over WG Biscuits OR WG Cereal/WG Biscuit, Fruit/Juice, Milk Tacos, Black Bean Salad, Corn, Peaches
Wednesday	Yogurt Parfait, Nutri-Grain Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk Chicken Alfredo, Breadsticks, Peas, Applesauce
Thursday	Breakfast Tornado OR WG Cereal/WG Muffin, Fruit/Juice, Milk Sloppy Joes, Mixed Vegetables, Coleslaw, Pears
Friday	WG Donut OR WG Cereal, Fruit/Juice, Milk Chicken Noodle Soup, PB&J Sandwich, Mandarin Oranges
January 21-25	
Monday	Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Salisbury Steak, Mashed Potatoes w/ Gravy, Peas, Applesauce
Tuesday	Breakfast Bites (French Toast), Sausage Link OR WG Cereal/Sausage, Fruit/Juice, Milk Chicken Wrap, Spanish Rice, Green Beans, Mandarin Oranges
Wednesday	Breakfast Slider (Sausage, Egg, & Cheese) OR WG Cereal/WG Muffin, Fruit/Juice, Milk Potato Bake, Tuna Salad or Chicken Salad Sandwich, String Cheese, Pears
Thursday	Omelet, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk Chili, Cinnamon Roll, Pineapple
Friday	Mini Maple Pancakes OR WG Cereal/WG Muffin, Fruit/Juice, Milk Cook's Choice, Broccoli Cheese, Peaches
January 28-31	
Monday	Breakfast Burrito OR WG Cereal/WG Muffin, Fruit/Juice, Milk Pork Patties, Baked Beans, Mandarin Oranges
Tuesday	WG Oatmeal, Nutri-Grain Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk Hamburger, Tator Gems and/or Swt. Tator Gems, Lettuce Salad, Pears
Wednesday	French Toast Sticks OR WG Cereal/WG Toast, Fruit/Juice, Milk Submarines, Corn, Gelatin, Pineapple
Thursday	Yogurt Parfait OR WG Cereal/WG Muffin, Fruit/Juice, Milk Goulash, Garlic Toast, Green Beans, Peaches

Menus are subject to change without notice.
USDA is an equal opportunity provider and employer.

A variety of fruits and vegetables are offered with every meal.
Milk served with every meal.

DECEMBER MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ed Eggs, WG Toast ereal/WG Toast, Milk unchers, Corn, Applesauce</p>	<p>4 B- WG Pancakes, Sausage OR WG Cereal/WG Pancake, Fruit/Juice, Milk L- Salisbury Steak, Mashed Potatoes w/ Gravy, Breadsticks, Mandarin Oranges</p>	<p>5 B- Breakfast Boat OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Potato Bar, Tuna Salad Sandwich or Ham and Cheese Sandwich, String Cheese, Peaches</p>	<p>6 B- Oatmeal Nutri-Grain Bar OR WG Cereal/Nutri-Grain Bar, Fruit/Juice, Milk L- Chicken Noodle Soup, PB&J Sandwich, Lettuce Salad, Pineapple Tidbits</p>	<p>7 B- WG French Toas Sausage OR WG Cereal/Sausage Fruit/Juice, Milk L- Fish Nuggets, Co Potato Salad, Pears</p>
<p>t Bar, WG Muffin ereal/WG Muffin, Milk Teriyaki, WG Rice, tatoes, Mandarin ortune Cookie</p>	<p>11 B- Yogurt Parfait, Nutri-Grain Bar OR WG Cereal/Nutri- Grain Bar, Fruit/Juice, Milk L- Tacos, Peas, Celery w/ PB, Peaches</p>	<p>12 B- Breakfast Tornado, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Tomato Soup, Cheese Sandwich, Lettuce Salad, Pineapple Tidbits</p>	<p>13 B- Apple or Cherry Frudel OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Ham Patty on WG Bun, Mashed Potatoes w/ Gravy, Broccoli w/ Cheese, Applesauce</p>	<p>14 B- Sausage Gravy ov Biscuits OR WG Ce Biscuits, Fruit/Juice, L- Spaghetti, Garlic Green Beans, Pears</p>
<p>Sausage Link OR /Sausage Link, Milk w/ Cheese Sauce or Green Beans, Celery hes</p>	<p>18 B- Scrambled Eggs, Cheesy Breadstick OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Chili Soup, Cinnamon Roll, Carrots w/ Ranch Dip, Pineapple Tidbits</p>	<p>19 B- Pancake and Sausage on a Stick OR WG Cereal/WG Muffin, Fruit/Juice, Milk L- Hamburger on WG Bun, Baked Beans, Seasoned Curly Fries, Mandarin Oranges</p>	<p>20 B- WG Breakfast Cookie OR WG Cereal/WG Toast, Fruit/Juice, Milk L- Roast Turkey, Mashed Potatoes w/ Gravy, Corn, WG Dinner Roll w/ Jelly and/or Honey, Holiday Dessert</p>	<p>21 B- Yogurt Parfait, N Bar OR WG Cereal Grain Bar, Fruit/Juic L- Submarines, Gela Cottage Cheese, MI</p>

Dec 22 - Jan 2 NO SCHOOL - CHRISTMAS BREAK

Milk Served with every meal. – Alternate Entrée: Chef Salad – Variety of fruits/vegetables offered with every meal. – Menu subject to change.